

OVER THE WALL



a seriousfun camp  
founded by paul newman

2014

# OVER THE WALL

## CHILDREN'S CHARITY

*Providing free of charge therapeutic recreation camps to help children with a life-limiting illness and their families.*

Find fun & laughter...

friendship & confidence...

& boost self esteem..  
at an OTW camp

[www.otw.org.uk](http://www.otw.org.uk)



## About Over The Wall Camps

**OVER THE WALL** is a national children's charity founded in 1999. Our purpose is to create fun opportunities for children and their families to reach beyond serious illness and discover joy, confidence and a new world of possibilities, always free of charge. We do this by providing residential activity camps, which last 3-6 days and are intentionally designed to create positive, life changing experiences.

Through camp children build confidence, self-esteem and resilience. They also find fun, friendship and laughter where they learn that their medical condition does not define them.

We support the whole family through three distinctive programmes:

**Seriously ill children aged 8-17 years (5 nights)**  
**Siblings of seriously ill children aged 8-17 years (4 nights)**

**Family groups, where there is a child with a serious illness (2 nights)**

*"I was worried about leaving him at camp as this was the first time he had been away without us since his illness but I immediately felt reassured that he was in safe hands" — Parent*



## When & Where - Camps in 2014

We support children from throughout the UK and have camps located in the south (Dorset and Kent,) the midlands (Staffordshire) and Scotland (Perthshire and Fife.) We also provide coach and minibus transportation to and from camps at key locations if required. You can view our camp dates on the back on this flyer.

*"He really enjoyed himself meeting new friends and trying out new activities." — Parent*

## Camp works well because it is FUN..

Although campers may only recognise the fun and adventure at camp, our activities are designed to challenge campers at their own level and help them reach beyond their perceived limitations to find success. The activities are planned with Therapeutic Recreation at their core, an intentional and positive intervention aimed at improving confidence and self esteem as well as enhancing coping mechanisms.

Our campers choose the extent to which they join in with the activities on offer, an approach called 'challenge by choice.' By encouraging your child to face these challenges and achieve, we find that they are thrilled to discover that they are capable of doing more than they ever thought possible. What is more, the process is always child centred and fun!



## Activities At Camp

We have a wide range of activities which vary at each site. Some of the most popular include the climbing wall, abseiling, canoeing, archery, swimming, arts and craft, music, drama, sports and games, talent night, disco and many more.



*"I would verbalise loudly to any parent, who may be making an application for next year's camp, not to have raised fears or anxieties as their child will be in the best care possible supported by lots of professional people who have given their time to help support your child and to ensure they have an experience of a lifetime"- Parent*



## Medical Care & Volunteer Support



We are the **only** UK charity providing fully supported activity camps to a wide range of illness groups. This is made possible by our experienced medical teams of paediatric nurses and doctors, who provide home from home care. Our doctors and nurses work behind the scenes to ensure that every child receives the medicine and care they need, without interrupting your child's experience at camp. We also provide a 1:1 ratio of volunteers who help provide encouragement and support ensuring that everyday is filled with fun, friendship and laughter.

## Accommodation & Food

All sites have been chosen for their high standard of facilities. Your child will often share a room with a child of the same age and gender.

All meals and snacks are provided with a variety of options to choose from at each meal time. We also cater for specific dietary needs and allergy requirements.



*The Medical Team from a 2013 camp*

*"Since coming home from camp, my child's confidence has been restored and she has enjoyed the summer socialising in a way she has not done since her illness began in 2008."—Parent*

## Safety at Camp

There is nothing more important to Over The Wall than safeguarding your child at camp. Safety lies at the heart of everything we do and underpins all of our activities. Every camp has a trained, designated Safeguarding Officer, who ensures all staff and volunteers adhere to our safeguarding policy and procedures.

All staff, external activity providers and volunteers are fully vetted as per statutory requirements. In addition to the required standard, we go the extra mile and carry out additional checks.

## What is the medical criteria to attend camp?

- A child aged 8-17 who is actively experiencing the challenges of a chronic, life-affecting or life-limiting illness. (Your child does not need to be on regular medication.)
- We support **hundreds** of medical conditions including blood disorders, cancers and tumours, cerebral palsy, genetic disorders, epilepsy, heart conditions and many more including extremely rare illnesses.
- Whilst we do support a wide range of illnesses, we are unable to support children with cystic fibrosis, autism or a diagnosed behavioural condition. In addition, if your child uses a wheelchair, it is essential that they can independently transfer.



**Cost of camp = FREE for everyone!**

## How to Apply

Application forms can be found online via our

website: **[www.otw.org.uk](http://www.otw.org.uk)**

Our nurse specialists and medical committee review each application carefully to ensure we can fully care for each child that attends.

For more information please give us a call on: **02392 477 110**

or email: **[info@otw.org.uk](mailto:info@otw.org.uk)**

Our team will be more than happy to help with any queries or questions you may have.



# Over The Wall Camps 2014

## Camps for children affected by serious illness:

**Scotland Camp - Strathallan School, Perth**

*Tuesday 8th July - Sunday 13th July*

**Dorset Camps - Bryanston School, Dorset**

*Sunday 20th July - Friday 25th July*

*Monday 28th July - Saturday 2nd August*

**Midlands Camp - Whitemoor Lakes, Staffordshire**

*Sunday 10th August - Friday 15th August*

## Camps for siblings:

**Dorset Camp - Bryanston School, Dorset**

*Monday 7th April - Friday 11th April*

**Scotland Camp - Strathallan School, Perth**

*Tuesday 1st July - Saturday 5th July*

**Midlands Camp - Whitemoor Lakes, Staffordshire**

*Monday 18th August - Friday 22nd August*

## Camps for families:

**Scotland Camp - Tulliallan Castle, Fife**

*Friday 2nd May - Sunday 4th May*

**Midlands - Whitemoor Lakes, Staffordshire**

*Friday 23rd May - Sunday 25th May*

**South Family Camp - Grosvenor Hall, Kent**

*Friday 12th September - Sunday 14th September*

**North Camp - Location to be confirmed**

*Autumn 2014 (Date to be confirmed)*

## Contact us

25 Basepoint Business Centre, Harts Farm Way,  
Havant, Hampshire, PO9 1HS



[info@otw.org.uk](mailto:info@otw.org.uk)



02392 477 110



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